

All day menu

OPEN 7 DAYS

Order & pay at your table by scanning the QR code.
Please mention your table number when placing your order at the cashier.

PLEASE NOTIFY OUR STAFF OF ANY ALLERGIES WHEN ORDERING

BACON & EGG ROLL

Two eggs, bacon, two hashbrowns, house-made tomato relish & rocket on a milk bun

BACON & EGGS (GFO)

Two eggs cooked your way, bacon, grilled tomato & toasted sourdough

BIG BREAKFAST

Two eggs cooked your way, bacon, hashbrowns, baked beans, grilled tomato, chipolatas, field mushroom & toasted sourdough

SMASHED AVO (V)

Toasted pumpkin sourdough, smashed avo, pumpkin wedge, pesto, feta, dukkah & balsamic glaze

EGGS BENEDICT (V) (GFO)

Toasted English muffin, wilted baby spinach, poached eggs, crunchy gremolata & bearnaise sauce

ADD: BACON 6.0 • AVOCADO 5.0 • FIELD MUSHROOM 5.0

BREAKFAST BAGEL

Fried egg, bacon, avocado, Swiss cheese, two hashbrowns & maple aioli

OMELETTE (GFO)

Tomato, red onion, spinach & feta with house made relish & toasted sourdough

ROSTI STACK (V)

Potato rosti with wilted spinach, field mushroom, grilled haloumi, a poached egg, beetroot hummus & bearnaise sauce

MEM | VIS

14.9 | 16.9

14.9 | 16.9

24.9 | 26.9

21.9 | 23.9

15.9 | 17.9

18.9 | 20.9

19.9 | 21.9

20.9 | 22.9

ARE YOU
A MEMBER?



Join at the
cashier when you
place **YOUR ORDER**

Thank you!

Your purchase today will
assist saving lives on
Kurrawa Beach.

WAFFLES (V)

Grilled banana, creamy mascarpone, Biscoff sauce & crumbled Biscoff
ADD: ICE CREAM 2.0

FRITTERS (V)

Sweet corn fritters with spring onion & coriander, rocket, lemon, sour cream & tomato sauce, poached egg, grilled corn rib, parmesan cheese & balsamic glaze

BIRCHER MUESLI (V)

Swiss style bircher muesli with crushed hazelnuts, mixed berries, apple, berry compote & maple syrup

FRUIT TOAST (V)

With your choice of preserves

ACAI BOWL (V) (GFO)

With toasted granola & seasonal fruit

**ADD: PEANUT BUTTER 2.0 • NUTELLA 2.0 • BISCOFF 2.0
CONDENSED MILK 2.0 • COCONUT CHIPS 1.0 • GF GRANOLA 2.0**

MEM | VIS

20.9 | 22.9

17.9 | 19.9

12.9 | 14.9

7.9 | 8.9

16.9 | 18.9

CREATE YOUR OWN

Bacon	6.0	Haloumi	5.0	Sourdough toast	5.0
Chipolatas	4.5	Field mushroom	5.0	Gluten free toast	5.5
Duo of eggs	5.0	Baked beans	5.0	Side salad	4.0
One egg	2.5	Hashbrowns	5.0	House relish	3.0
Avocado	5.0	Grilled chicken	6.5	Bearnaise	2.5



tower28cafe



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V = VEGETARIAN

GFO = GLUTEN FREE OPTION

NO CHANGES TO MENU

ALL DAY MENU

AUTUMN SALAD (V)

Baby beets, roasted pumpkin, feta, spinach, rocket, toasted walnuts & vinaigrette dressing

CAESAR SALAD

Cos lettuce, bacon, parmesan cheese, croutons & a poached egg with creamy Caesar dressing

ADD: CHICKEN 6.5 • AVOCADO 5.0

LAMB COUS COUS SALAD

Mediterranean style cous cous with lamb koftas, pita bread, yoghurt & mint sauce

FISH TACOS

Two fish tacos on flour tortillas with panko crumbed flathead, cos lettuce, Pico de Gallo, coriander, chipotle mayo & lemon

ADD: CHIPS 4.0

SWEET CHILLI CHICKEN WRAP

Crumbed chicken tenders, lettuce, cheese, tomato, red onion & sweet chilli mayo

ADD: CHIPS 4.0

MEM | VIS

16.9 | 18.9

16.9 | 18.9

21.9 | 23.9

15.9 | 17.9

14.9 | 16.9



DRINKS MENU

HOT DRINKS

	SMALL	REGULAR	LARGE
LONG BLACK	4.2	4.7	5.2
LATTE	4.8	5.8	6.8
FLAT WHITE	4.8	5.8	6.8
CAPPUCCINO	4.8	5.8	6.8
MOCHA	4.9	5.9	6.9
CHAI LATTE	4.9	5.9	6.9
MATCHA LATTE	5.2	6.2	7.2
HOT CHOCOLATE	4.8	5.8	6.8
ESPRESSO	3.5		
SHORT MACCHIATO	4.1		
LONG MACCHIATO	4.6		
PICCOLO	4.3		
AFFOGATO	5.8		
TEA	3.7		

English Breakfast, Earl Grey, Peppermint or Chamomile

EXTRAS

SYRUPS 1.0

Vanilla, Caramel, Salted Caramel, Hazelnut

EXTRA SHOT 0.7

MILK ALTERNATIVE 1.0

Oat, Almond, Soy, Zymil Lactose Free

COLD DRINKS

ICED LONG BLACK 5.0 | 6.0

ICED LATTE 6.0 | 7.0

ICED CHAI 6.5 | 7.5

ICED MATCHA 6.7 | 7.7

STRAWBERRY ICED MATCHA 8.0 | 9.0

ICED MOCHA 6.5 | 7.5

ICED COFFEE 7.5 | 8.5

ICED CHOCOLATE 7.5 | 8.5

MILKSHAKES 6.5 | 7.5

Chocolate, Strawberry, Vanilla, Caramel
ADD: PROTEIN 2.5

HEALTH SHOT 5.0 | 5.0

Turmeric, ginger, lemon & carrot

MEM | VIS

17.9 | 19.9

17.9 | 19.9

14.9 | 16.9

14.9 | 16.9

12.9 | 13.9

9.9 | 10.9

KIDS MEALS

WAFFLE 9.9 | 10.9

With ice cream & maple syrup

CHICKEN NUGGETS 10.9 | 11.9

With chips & tomato sauce

FISH FINGERS 10.9 | 11.9

With chips & tomato sauce

CRAVING PIZZA?

Check out our pizzeria menu, suitable for dine-in or takeaway!



SMOOTHIES MEM 10.0 | VIS 11.0

BANANA SMOOTHIE

Banana, froyo, honey, cinnamon & milk

ADD: DOUBLE ESPRESSO 1.4

PEANUT BUTTER, NUTELLA, BISCOFF 2.0

REBOOT

Mango, pineapple, banana, passionfruit & apple juice

VITALITY

Strawberries, mango, raspberries, goji berries & apple juice

ADD PROTEIN 2.5

BOOSTER

Banana, mango, spinach, lime juice & apple juice

FRESH JUICE MEM 10.0 | VIS 11.0

CHOOSE UP TO 5 FRUITS

Orange, apple, pineapple, watermelon, carrot, ginger, celery, beetroot, mint, lemon, cucumber, turmeric

SHOW YOUR MEMBERS CARD FOR 50c DISCOUNT ON ALL COFFEES

I'm new!